

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: January 8, 2008

PLACE: Community Facilities Building

TIME: 12:00 N – 1:30 PM

ATTENDEES: Rhonda Blanton, Anita Brown, Mary Ferrick, Lisa Hilliard, Sheila Jenkins, Kathy McGaha, Cindy Miles, Ann Nandrea, Jim Thurmond, Kim Watkins, Vince West, Adam Wright, George Young and Velma Zeek

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today's meeting of the Elder Care and Caregivers Committee. Ms. McGaha asked the committee members to review the minutes of the last meeting. Sheila Jenkins motioned for the approval of the minutes. Velma Zeek 2 nd the motion, with a unanimous vote for approval.		
Introductions	Kathy McGaha asked everyone to introduce themselves and tell what organization they represented.		
Senior Games Participation in Health Fair	<p>Kathy McGaha announced that Teresa Holbrooks will no longer be involved with the Senior Games. Ms. McGaha explained that Vince West will now be our contact and will be attending these meetings.</p> <p>Vince West gave a brief explanation of the different sporting and cultural events covered by the Senior Games. The start date for the local Senior Games is April 21st. Mr. West invited the committee members to attend any of these upcoming events and also to volunteer to assist with any of them.</p> <p>Mr. West also explained that funds are raised to help send our local winners to Raleigh. Some upcoming fund raising events are the Car Show on March 8th and the Yard Sale on April 5th. Mr. West invited the committee members to attend these events.</p>		
Senior Expo and Health Fair Assignments	<p>Kathy McGaha gave a brief history and review of last year's Senior Expo and Health Fair. Ms. McGaha reviewed the suggestions made at the last meeting. The suggestions were:</p> <ul style="list-style-type: none">○ Shorten length of the event○ Do not run seminars and workshops concurrently○ Drop lunch and offer snacks instead		

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	<p>Ms. McGaha said the next Senior Expo and Health Fair has been scheduled for April 25th. The suggested times for the event is 10:00 AM – 2:00 PM.</p> <p>Adam Wright from the radio station has suggested that this committee consider changing the name of this event. Ms. McGaha asked the committee members to consider new names and bring them to the next meeting.</p> <p>The committee members next discussed the number and costs of booths in last year’s event. Ms. McGaha asked Mr. Wright to re-look at the booth costs and bring estimates to the next meeting.</p> <p>Ms. McGaha next asked the committee members to consider topics for the seminars. Sheila Jenkins and Lisa Hilliard were asked to handle the details for the seminars. The following suggestions were made for topics:</p> <ul style="list-style-type: none"> ▪ Disaster Preparedness ▪ Advance Directives, Living Wills, Trusts and Estate Planning ▪ Hospice ▪ Who cares for the caregiver? ▪ Using the internet and locating and navigating websites ▪ Funeral Planning ▪ Elder Abuse <p>Sheila Jenkins and Lisa Hilliard were asked to handle the details for the seminars. Ms. Jenkins and Ms. Hilliard will report on their efforts at the next meeting.</p>	<p>Kathy McGaha asked the committee to consider new names for the Expo and bring them to the next meeting.</p> <p>Adam Wright will re-look at the booth costs and bring estimates to the next meeting.</p> <p>Sheila Jenkins and Lisa Hilliard will report on the plans for the seminars at the next meeting.</p>	
Next Meeting Date	The next meeting date for the Elder Care and Caregivers Committee will be held on Tuesday, February 5 th , from 12:00 Noon – 1:30 PM at the Community Facilities Building.		